

Middle Tennessee Council Cub And Family Camping Weekend



2016 Leaders Guide

Boxwell Scout Reservation

1260 Creighton Lane, Lebanon, TN 37087

Week 1 Oct. 7th, 8th & 9th, 2016

Hosting Districts: Warioto, Cherokee, Hermitage & Nashboro

Week 2 Oct. 14th, 15th & 16th, 2016

Hosting Districts: Trail of Tears, David Crockett & Duck River

Week 3 Oct. 21st, 22nd & 23rd 2016

Hosting Districts: Cogioba, Dan Beard & James E West

Week 4 Oct 28th, 29th & 30th 2016

Hosting Districts: Elk River, Walton Trail, Natchez Trace & Upper Cumberland

Take Flight



Dear Cub Scout and Families of Middle Tennessee,

On behalf of the Cub and Family Camp Committee, welcome to the Middle Tennessee Council's Cub and Family Camp 2016.

I hope you will do whatever you can to help encourage every boy and parent in your unit to 'get outside' and explore nature, camp, hike, and just have fun.

Cub and Family Camping fulfills a vital part of the Cub Scout experience. It's an opportunity for new Cub Scouts and their parents to start off with a great camping experience; after all, what young boy doesn't enjoy Camping, BB Guns, Archery, and Crafts?

A positive camping experience is a great way to show new Cub Scouts what to look forward to in Cub Scouts and then Boy Scouts. For those Cub Scouts and their families returning to the Cub and Family Camp, we will be offering new activities for all to enjoy, as well as signature events like BB Guns and Archery.

Come out and enjoy the fun while you step through the adventures of "TAKE FLIGHT" as you visit Boxwell's Medieval Castle, Pirate's Cove, the Native American village, the Stockade, and the Hero Center.

This year's event is open to any Pack, on any scheduled weekend. If you are unable to attend with your Pack, you are welcome to attend with your family on a weekend that best fits your schedule.

I fondly recall the quality time I spent with my son at camp and was always amazed at the life lessons my son learned during his time at camp. Don't miss out on this opportunity to forge new memories with your family and friends.

We are so blessed in the Middle Tennessee Council to have incredible camping properties, such as Boxwell, and a wide variety of programs for youth and adults to choose from. This guidebook provides important information to help you better plan and prepare for the upcoming Cub and Family adventure.

Yours in Scouting,

Linda Veach

Cell 615-848-4848

Email: lesveach433@gmail.com

Cub and Family Camp Director

Middle Tennessee Council Cub and Family Staff Advisor

Chris Agee

Cell 865-406-2528

Email: cagee@mtcbsa.org

For Additional information visit the Council website or call the Council Service Center at 615-383-9724.

General Information and Registration

Theme

This year's theme is "TAKE FLIGHT". Walk through traveling adventure as you visit the activity areas.

Who May Attend

Registered Cub Scouts and their families may attend. We encourage the whole family to attend. A responsible adult who will remain with the Scout during the event must accompany youth to the Cub and Family Camp. Activities are appropriate for Cub Scouts of all ages – Lions, Tigers, Wolf, Bears and Webelos. There are some activities for siblings that will be age appropriate at camp.

When

Four weekends in October are available for this year's Cub And Family. You are welcome to attend with your family on a weekend that best fits your schedule. Better yet, come out and enjoy the fun on multiple weekends!

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Cost

The registration fee for the Cub and Family campout will be \$20 per scout (*includes a patch for the scout*), *we will need to know if there is more than (1) registered Cub Scout per family*. This fee includes all family members and leaders. There is no cost for Guests (Leaders, Adults, and non-scout Siblings). To purchase additional patches, the cost is \$2 each.

Campsites will be pre-assigned: if you are arriving early or late please let us know. Packs are assigned campsites at check-in; each Pack should plan arrive together.

Registration

Online registration is available at www.mtcbsa.org under "News & Upcoming Events".

Registration can be made by the Pack or individually. Packs that have several attendees are highly encouraged to register as a Pack. This allows the Pack to organize as a group to provide a sense of community. Cub Scout Packs who are attending as a group are to submit ONE registration for the entire group.

If you are a parent wishing to attend separate from your Pack you may do so. You should complete a separate registration for your family. Everyone should be aware that pre-registration is **REQUIRED** and each Scout registered to attend will receive a participation patch.

Food

All meals are to be provided by Pack, Den or Family

Camping

Camping will be in the fields around the Stahlman dining hall. The number of Scouts and family members that are pre-registered will determine the size of each Pack campsite. **Fire pits may not be constructed in campsites.** Campfires will need to be off the ground or in a fire barrel (we have a limited number of barrels available at Boxwell). Packs can have One (1) fire pit from those available at camp. Larger packs may need two, if so please bring your own. Use containers and follow the rules of Leave No Trace. Barrels are located behind the Maintenance Building.

Sleeping Facilities

Everyone will need to provide tents, sleeping bags and personal gear, if you have special needs please make note of those needs when you register. (See Personal Equipment List).

Trading Post Boxwell

There will be two fully stocked **Trading Posts**, one each located in the Stahlman Dining Hall and Cub World Dining Hall. They will be open on the Cub and Family Saturdays of October 8, 15, 22, and 29, from 9 a.m. – 3:30 p.m.

Both Trading Posts will offer event t-shirts, hoodies, crafts, Cub Scout books and Leader's Guides, cold drinks, snacks, and lots of surprises. We accept cash, checks, and major charge cards. Be sure to pop into the Trading Posts throughout the day on Saturday to check out new items and specials.

Arrival and Check-in

Directions to Boxwell Reservation

Located on Hwy 109, 3 miles south of Gallatin. Take I-40 east from Nashville to Exit 232B. Travel north 9.2 miles toward Gallatin. Boxwell Reservation is located on the left. Campsite maps will be assigned during check-in.

Check-in

The Cub and Family check-in location will be on Boxwell Reservation as you approach Cub World. Proceed to the right towards Stahlman. Watch for our signs as you drive in. Our camp staff will greet you, check you in, and direct you to your campsite. Camp Staff in the Stahlman camp areas will assist you in finding your campsite.

Please plan your arrival between 5:00 pm and 8:00 p.m. on Friday. Camp staff will not be available to check campers in prior to 5:00 p.m. Friday afternoon. If you need to arrive early to camp, please notify the camp director.

Vehicles in Camp

NO RV's or Pop-up camp trailers allowed on the Reservation, no exceptions.

Due to the number of attendees at the Cub and Family Camp, attendees are requested to carpool as much as possible. Very limited parking is available in the Stahlman Parking Lot. Primary parking will be in the fields with the campsites. Because there will be a lot of foot traffic within the camping areas, we ask that once a vehicle is unloaded and parked (either in a parking lot or within the camp site area) that the vehicle remain parked throughout the Cub and Family weekend. If you know in advance that you will be leaving Boxwell and coming back during the Cub and Family weekend, we ask that after unloading your gear in your assigned camp site, you move your vehicle to one of the remote parking areas.

Shuttle to Cub World

Hayrides will be provided to shuttle campers on Saturday between Stahlman and Cub World. Hayrides will start running at 8:45 am Saturday morning and run until the activities are done on Saturday afternoon. The speed limit is 25 miles per hour throughout Boxwell Reservation. No one under 18 will be allowed to drive on the reservation.

It is PROHIBITED to drive a truck or trailer on camp property with youths or adults unrestrained in the back or on the sides. This means NO RIDING IN TRUCK BEDS!

Health & Safety

Safety is of the utmost importance at Boxwell. Everyone attending: Scout, Adult, or Sibling is required by BSA to provide a completed BSA medical form (Parts A & B). Additional copies of the BSA Health and Medical Record will be available at check-in. These forms should remain with the Pack Leader or Parents (if attending as a family).

Should you need to visit the First Aid station please be prepared to present this form to the staff. If necessary, Sumner Regional Medical Center is only five miles from Boxwell where we maintain an agreement to treat our sick and injured.

All youth will receive a wristband. These bands must be worn at all times during the camp session. Leaders are asked to write the youth's pack Number and a contact phone number on the wrist band in indelible ink in the event the child gets separated from their pack or family member. Immediately report any missing person to the Camp Staff.

Emergencies

To notify the Camp Office of an emergency, send a runner to the Cub and Family Office Headquarters, located in Stahlman Dining Hall or notify a member of our key camp staff.

Special staff hats can identify key camp staff. When calling 911 for an emergency, it is important that an adult clearly describe the nature of the emergency to the 911 operator to initiate an appropriate response.

The Camp Office monitors the National Weather Service Radio and Internet weather sources for information concerning severe weather conditions.

First Aid

Trained first aid responders will be located at the Cub and Family Headquarters.

Injuries requiring minor first aid should be handled by the pack. If first aid is required for a serious emergency, dial 911 and notify the Camp Office.

Fire

Evacuate the tent, or area immediately. All camp buildings are equipped with fire extinguishers for use on small fires by qualified adults. Analyze the situation, and if appropriate, utilize the fire extinguisher or call 911. Notify the Camp Office.

Severe Thunderstorm

In the event of a severe thunderstorm seek shelter inside one of the camp buildings, or personal vehicle.

Personal Hygiene

Water and private sanitary facilities are centrally located throughout Boxwell. Port-O-Potties will be strategically placed around the camping area.

Personal Equipment List

All Cub Scouts

- Cub Scout Uniform (optional)
- Cub Scout T-Shirts
- Raincoat/Poncho
- Jacket, coat, or sweatshirt, suitable for expected fall weather conditions
- Change of pants, shirt, socks, underwear
- Toiletries (toothbrush, toothpaste, soap)
- Closed toed shoes, sneakers, or hiking boots
- Water Bottle
- Sleeping Bag or warm blankets
- Pillow
- Flashlight

Optional

- Snacks
- Spending money for Trading Post, Scout Shop
- Compass

Tent and additional items

- Tent, water proof, in good repair
- Sleeping pad, air mattress, or blankets to insulate under your sleeping bag
- Tarp, to place under the tent to limit ground moisture, tuck edges under tent to prevent rain water from running under the tent floor.
- Stocking cap to wear while sleeping, 30% of heat loss is thru the head
- Long underwear shirt and pants for sleeping, or sweat shirt and sweat pants
- Change into dry clothes and socks at bedtime, sweaty clothes drain body heat

Tent Camping Tips

Properly prepared Scouts stay warm, dry, and comfortable in their tents in all kinds of weather conditions. Here are a few tips gathered over the years to stay warm, dry and comfortable. It is not necessary to invest in expensive camping gear to camp in the moderate weather conditions found in middle Tennessee in early October. As Webelos transition to Boy Scouts, they encounter more challenging weather conditions; consult with your Cubmaster, Den Leader, or Scoutmaster before purchasing gear to understand if it will be appropriate for Boy Scout use. A great resource for camping gear and preparation is the Boy Scout Handbook.

1. Site selection. Find a level place with good drainage, free of sticks and rocks. Assume that it will rain, and verify that your tent will not be sitting in a puddle if it does rain.
2. Place a tarp under your tent to prevent ground moisture from being drawn up into your tent. Tuck the edges of the tarp under the tent so that rainwater does not run under your tent.
3. Pitch your tent, staking it to the ground, and attaching the guy ropes as necessary for your tent.
4. Use a sleeping pad, air mattress, blankets, or other material to insulate your sleeping bag from the cold ground.
5. Use a sleeping bag, several warm blankets, or a combination of blankets and your sleeping bag.
6. In cool or cold weather, the best thing to wear at night is synthetic long john tops and bottoms and synthetic socks. In moderate weather, a t-shirt, sweatshirt, and sweat pants will work. There is a saying amongst backcountry campers that is, "cotton kills". Cotton materials absorb sweat and moisture and dry very slowly and contribute to heat loss. Change into fresh, dry clothes and socks just before crawling into your sleeping bag.
7. When it is cold, wear a knit stocking cap at night. 30% of body heat is lost thru your head, and that is the most exposed portion of your body while in a sleeping bag.
8. Do not take food into your tent. Many critters love the easy meal of your snacks, and can rip holes into your tent while you are away. Bugs and ants also love a tasty snack.
9. Do not use any fire or flames in your tent. Tents and sleeping bags are very flammable.
10. The guy ropes from tents are of particular hazard to young Cub Scouts that seem to run everywhere. During daylight, they dodge most, but not all the guy ropes. During the night, they seem to trip over most of them. Be alert to Cub Scouts running the dark, and have them avoid the tent areas in the daytime while they play.
11. When it is raining, avoid touching the inside of the tent. This can be a source of condensation and in some tents this facilitates leaks.

Prohibited and Restricted Items

Tobacco: The use of tobacco products by anyone under the age of 18 will not be tolerated. Adults may use tobacco products only in areas away from all participants. Council properties are tobacco-free zones, including all buildings, campsites, trails and program areas. **Smoking in tents and campsites, or in view of any Scout is strictly prohibited.**

Chemical Fuels: Gas-fueled lanterns and stoves (canister type fuels are recommended over liquid) may be used for outdoor lighting and cooking. The use of gas-fueled lanterns and stoves in any tent is strictly prohibited. A responsible adult, who is knowledgeable in safety precautions, must do lighting and refueling; fuel is never handled by youth. The use of liquid fuels as a fire-starter is strictly prohibited.

Alcohol and Drugs: It is the policy of the Boy Scouts of America that the use of alcoholic beverages and controlled substances are not permitted on property owned and/or operated by the Boy Scouts of America, or at any activity involving participation of youth members.

Weapons: No weapons of any kind are permitted at camp. This includes personal archery and rifle/BB equipment. Weapons are not permitted to be stored in vehicles in camp parking lots.

Chainsaws: Chainsaws are not permitted.

Pets: Pets are not permitted at any camp at any time – no exceptions. Please advise all parents to leave pets at home.

Rest: Sleep, or lack thereof, can be one of the greatest causes of a fantastic or poor week. The unit leader or adults should see that from 10:30 pm until 6:00 am each night the campsite is quiet.

Natural Wildlife

Boxwell abounds with natural wildlife, including deer, birds, bears and other creatures. For this reason we do not allow any pets from home to be brought into camp. We also ask that you not take any wildlife home with you. While most rattlesnakes and reptiles are anxious to elude people that come into their territory, great caution and care should be taken to avoid them while in camp. If you find any rattlesnakes or other reptiles in camp, please leave them alone and notify a Camp Staff Member immediately.

Leave No Trace

Please review with your Pack the LNT Front Country Guidelines prior to the Cub Family Camp, these are available on Scouting.org

Plan Ahead

Watch for hazards and follow all the rules of the park or outdoor facility. Remember proper clothing, sunscreen, hats, first aid kits, and plenty of drinking water. Use the buddy system. Make sure you carry your family's name, phone number, and address.

Stick To Trails

Stay on marked trails whenever possible. Short-cutting trails causes the soil to wear away or to be packed, which eventually kills trees and other vegetation. Trampled wildflowers and vegetation take years to recover. Stick to trails!

Leave What You Find

When visiting any outdoor area, try to leave it the same as you find it. The less impact we each make, the longer we will enjoy what we have. Even picking flowers denies others the opportunity to see them and reduces seeds, which means fewer plants next year.

Use established restrooms. Graffiti and vandalism have no place anywhere, and they spoil the experience for others. Leave your mark by doing an approved conservation project.

Respect Other Visitors

Expect to meet other visitors. Be courteous and make room for others. Control your speed when biking or running. Pass with care and let others know before you pass. Avoid disturbing others by making noise or playing loud music, and abide by the scheduled Quiet Time (10:30 pm to 6:00 am) Respect "No Trespassing" signs. If property boundaries are unclear, do not enter the area.

Trash Your Trash

Make sure all trash is put in a trash bag. Trash is unsightly and ruins everyone's outdoor experience.

Your trash can kill wildlife. Even materials, such as orange peels, apple cores and food scraps, take years to break down and may attract unwanted pests that could become a problem.

There are dumpsters behind the maintenance shed or you can pack your garbage to go home with you. Leave No Trace.

Let's have Some Fun

The Cub and Family staff has planned an exciting weekend for all to enjoy. We believe that some of the best camp programs are the ones that have the least structure. We want everyone to come out and enjoy this opportunity to spend time with your family and friends without having to "Stress-out" about where you are supposed to be at a given time. Most activities are provided in an open schedule format so that you can enjoy them at your convenience. If you wish to take advantage of other opportunities that Boxwell has to offer, such as fishing, you can do that at your leisure without having to worry about missing some scheduled activity. This is true for all planned activities, with the exception of Archery, BB Gun shooting, and Sling Shots when available. Youth under 6 years of age are NOT allowed to participate in Archery, BB gun shooting, or sling shots per BSA.

Because these activities generally take more time to get through, we will be assigning scheduled times and locations, by campsite, for these three activities.

Archery and BB gun shooting

Schedules will be handed out at Friday night's Leaders Meeting. We will need Certified Shooting Sport rangers. Please let the Camp Director know if you can volunteer for a time slot.

Schedule

In general, Friday evening will be set aside for campsite set up and the leaders meeting. Saturday will start off with a flag raising ceremony at the Stahlman flag Pole, followed by the activities. Activity areas will close at 5:00 pm Saturday.

There will be a campfire at the Main amphitheater to enjoy Saturday evening.

Each Pack or District has to pre-register their song or skit at Stahlman Dining at registration table by 5:00 pm Saturday in order to participate at the campfire Saturday night.

There will be a Flag retirement ceremony at the end of the campfire. This is when we respectfully retire flags that are old, have been ripped or torn, or need to be retired for any other reason.

A Scout's own service will be offered on Sunday morning

Daily Events

Friday

4:15 pm	Staff only Dinner	Stahlman Dining Hall
5:00 pm to 8:00 p.m.	Arrival and check-in	Stahlman Dining Hall
9:10 pm	Leader Meeting	Stahlman Dining Hall
10:30 pm	Lights out - Quiet time	

Saturday

7:15 am	Staff only Breakfast	Stahlman Dining Hall
7:15 am or before	Breakfast	At your camp site
8:30 am	Assembly, flag ceremony	Stahlman flag pole
9:00 am to Noon	All Activities are Open	Various areas at Camp
Noon to 1:30 pm	Staff only Lunch	Stahlman Dining Hall
Noon to 1:30 p.m.	Participants Lunch	At your campsite
1:30 to 4:30 pm	All Activities are Open	Various areas at Camp
4:45 pm	Assembly, Lowering the flag	Stahlman flag pole
5:00 pm to 7:00 pm	Dinner & free time	At your campsite
5:15 pm	Staff only Dinner	Stahlman Dining Hall
7:30 pm	Campfire (songs or skits from Packs or district)	Amphitheater across from Cripple Crab
8:15 pm	Flag Retirement ceremony	At the campfire
10:30	Lights out - Quiet time	

Sunday

7:15 am	Staff only Breakfast	Stahlman Dining Hall
8:30	Scout's Own service	Stahlman Flag Pole
8:30 am to 10:30 am	Checkout	

Activities @ Boxwell Cub World and Stahlman

In addition to Archery, BB Gun shooting and Sling Shots, there will be other activities available for the Cub Scouts to enjoy.

Note - Cub Scouts will be given beads at different activities; please don't leave without your beads. Staff will also have beads available for Good Turn, or Scout knowledge.

Archery, BB Gun and Sling Shot Program (You must have closed toes shoes on for this activity - NO sandals, flip flops or other shoes where we can see your toes)

Please Note: Due to BSA safety standards children under the age of 6 years old WILL NOT be able to shoot at the ranges. "This activity is an age appropriate program". There will be an activity for the under age of 6 Years old and for those scouts in the Lion program.

The Archery, BB guns and Sling Shot program provides a great chance for your Cub Scouts to participate in their shooting skills.

We will be providing "Safety Guidelines for BB, Archery and Sling Shots". This training can be done before the pack comes to Cub and Family, or Friday evening in your campsite.

Having completed the required training prior to coming to the range will allow the Range Officer the option of providing an abbreviated version of the range training program at the range, and get the boys on the range quicker.

Volunteers

Volunteers are what make Scouting events great. If you would like to volunteer yourself, your Pack, or your Troop to help with the Cub Family Camp, please contact the Camp Director.

2016 Camp Director: Linda Veach

615-848-4848

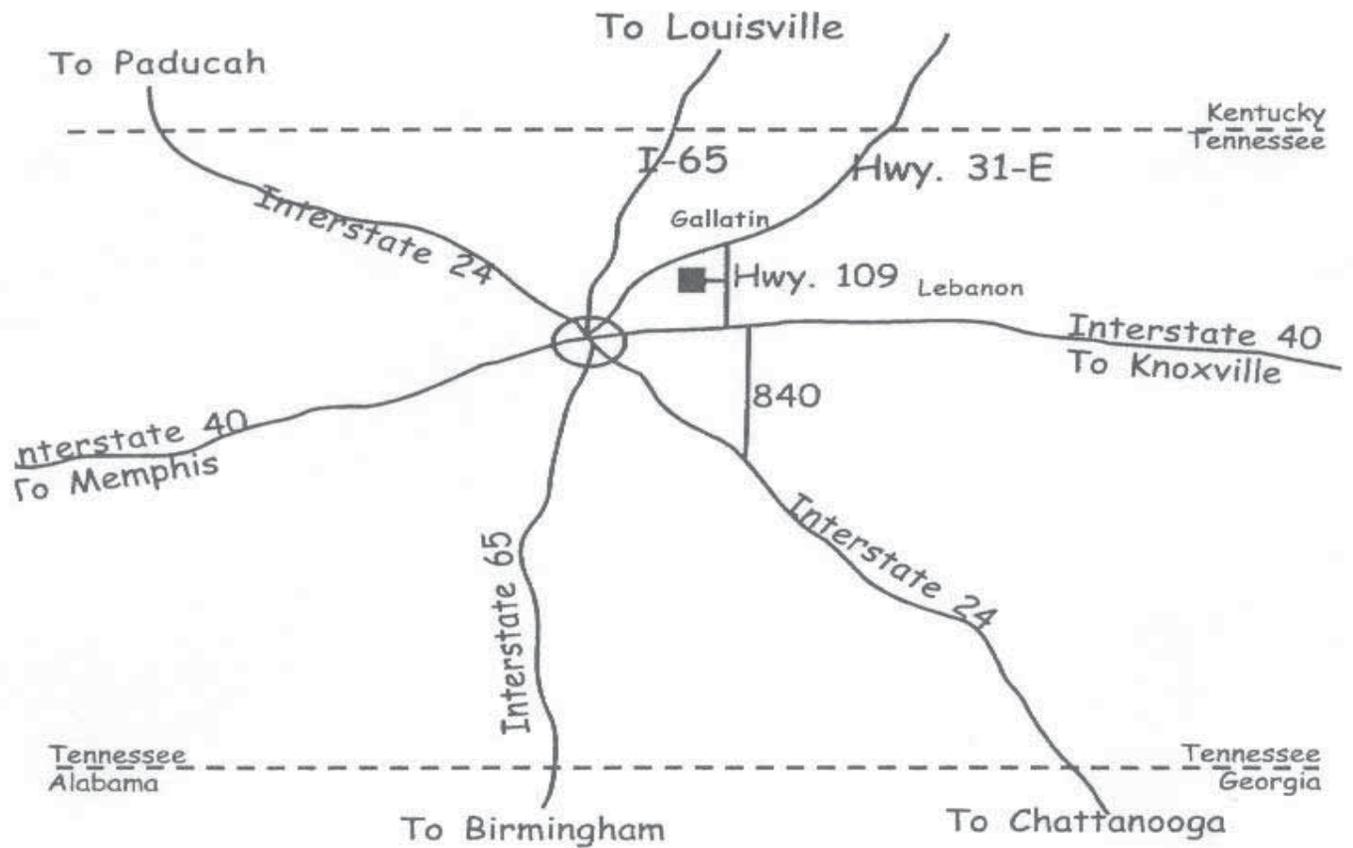
Email: lesveach@comcast.net

Checkout

All campsites will be inspected upon checkout. Please see a staff member for a checkout inspection. Once your Pack's campsite has been passed inspection your unit leader or family member (if attending as a family) will be ready to leave.

Have a great time!

Map to Boxwell



From I-40:	Exit at Hwy 109 (Exit 232B) and travel north 9.2 miles. Turn left at Boxwell Reservation Sign and the road runs into Boxwell Reservation.
From I-65N:	From North of Nashville - Take Vietnam Veterans Parkway, State Route 386 which turn into State Route 174 Long Hollow Pike, Turn Right onto Hwy 109 Bypass East, go 3 miles to Hwy 109 South towards Lebanon, go approximately 4 miles turning right at Boxwell Reservation
	From South of Nashville (I-65 or I24) Exit SR-840. Take East towards Murfreesboro, Lebanon, Knoxville. Exit at Highway 109. Take North approximately 11 miles. Turn left at Boxwell Reservation.
From I-65S:	Exit Long Hollow Pike and turn left. Turn Right onto Conference Dr. Turn left on Vietnam Veterans Boulevard. Follow directions above.
	If coming from KY, Exit at TN-25 (Exit #112). Turn right and take towards Gallatin. Turn Right onto Hwy 109 S. Boxwell will be on the right.
From I-24:	From Clarksville - Take I-24 East to Nashville. Take I-65 North to Vietnam Veterans Blvd. Follow Directions above for I-65 N.
From 840	From Murfreesboro exit 72B, State Route 265, Central Pike, turns into State Route 109 N. Go 13 miles towards Gallatin, to Creighton Lane, turn, and left at Boxwell Reservation sign on left.